

**ANNUAL REPORT OF
HEALTH CLUB
2021-22**

**SAPTHAGIRI COLLEGE OF
ENGINEERING BANGALORE**

Report of the activities of Health club for 2021-22

The first Health club committee meeting for the academic year 2021-22 was held on 17th September 2021 at 10.00 am. The agenda of meeting was to discuss about the activities to be conducted from Health club for the academic year 2021-22 and to discuss about the various activities which were conducted during the previous year. The discussion was mainly on preparations to be made for Health club and to conduct events for the community and students benefit.


The second Health club committee meeting was held on 22nd February 2022 at 10.50 am to discuss the events conducted in the previous semester and the events to be conducted in the coming semester like vaccination drives, yoga day and other activities.

The following events were conducted during the year 2021-22 –

- (i) Cycle rally and cleaning of lake – 18/08/2021
- (ii) Mental Health in unequal world – 11/10/2021
- (iii) Plastic Awareness – 25/10/2021
- (iv) Blood donation camp – 17/12/2021
- (v) COVID testing drive – 13/1/2022
- (vi) International Yoga Day – 21/06/2022
- (vii) Awareness on cervical cancer and HPV vaccine – 22/6/2022

Events were conducted successfully to sensitize the students and the community. To motivate the students to avoid plastic usage. To sensitize the people about the causes and prevention of mental health issues. To create awareness in women about cervical cancer and its effects.


Convener


Principal

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