



SRI SRINIVASA EDUCATIONAL & CHARITABLE TRUST (R)
SAPTHAGIRI COLLEGE OF ENGINEERING, BANGALORE-560057
(Affiliated to Visvesvaraya Technological University, Belgaum & Approved by AICTE-New Delhi)
An ISO 9001:2015 and 14001:2015 Certified Institution
Accredited by NAAC with "A" Grade and NBA accredited
14/5, Chikkasandra, Hesaraghatta Main Road, Bangalore-560057

HEALTH CLUB REPORT

Name of the Event organised	Mental health in unequal world
Date and Day	11/10/2021
Collaboration or Association	HEALTH CLUB
Issues addressed	Awareness on mental health
Place of the event conducted	Sapthagiri College of Engineering
Impact & Sensitization	To help students overcome mental health issues
Faculty Coordinators	Dr.G.Raghavendra

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**Health Club and NSS Unit
Organizing a Talk
on
"MENTAL HEALTH IN AN UNEQUAL WORLD"**

In Association with SIMS RC

Delivered by
Dr. Varsha B G
Asst. Professor, Department of Psychiatry,
Sapthagiri Institute of Medical Sciences

No. 14/5, Chikkasandra, Hesaraghatta Main Road, Bangalore-560107.

Sri. G. Dayanand Sri. G. D. Manoj
Chairman, SCE Executive Director, SCE

Dr. H. Ramakrishna
Principal, SCE

Dr. G. Raghavendra Dr. Tulsidas .D
Health Club Convener, SCE NSS Convener, SCE

Venue: Seminar Hall (Faraday Block)
Date: 11/10/2021
Time: 11.00 am to 12.00 pm

Dr. Varsha B G from Sapthagiri institute of medical sciences and Research center (SIMS RC) spoke about the mental health issues faced by the students in today's world. She also interacted with students and suggested various techniques to overcome the problems associated with mental health by the young generation.



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Convener


Chairman
Principal
Sapthagiri College of Engineering
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Bengaluru - 560 057